



SPORTS PROGRAM SUMMER II 2025

ALL ACTIVITIES ARE ORGANIZED BY ASD STONE TOWER



**HOW TO
JOIN JCU
ATHLETICS**

FITNESS CENTER

The Fitness Center is located in Vicolo della Penitenza, 26 - Gianicolo Residence.

The access is free for all JCU Students, Faculty, and Staff.

JCU ID, ASD Membership, and "basic/gym" sport physical required to access.
*Reservation mandatory for the following **time slots**.*

9am • 10:25am • 11:50pm • 1:15pm

2:40pm • 4:05pm • 5:30pm

*Opening hours: **Monday-Friday: 9 am - 7 pm***

**The Fitness Center will be open from
Monday, July 7 to Friday, August 8**

JCU SPORT TRIP

Trips tickets available on JCU trips and activities website.
Only current students are eligible for these activities.



**BRACCIANO OUTDOOR EXPERIENCE: Castle, Sailing,
and Lake Adventure** July, Fri 11

PICK-UP GAMES



TABLE TENNIS

July, Wed 9

5pm

**Lemontree Courtyard,
Guarini Campus**



**GREEN
VOLLEYBALL**

July, Wed 16

6pm

**Trastevere Stadium,
Via Vitellia 50**

This Schedule is subject to change

ATHLETICS POLICY

Mandatory steps to join JCU Athletics

- **Subscription** to ASD Stone Tower
- **Gym Physical Examination**
- **Reservation** for activities and gym

CONTACTS



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