

ASD STONE TOWER ATHLETICS HANDBOOK POLICIES AND REGULATIONS 2024/2025

INTRODUCTION	4
PURPOSE OF THE ASD STONE TOWER ATHLETICS HANDBOOK	4
PURPOSE OF THE ATHLETICS PROGRAM	4
MISSION	4
VALUES	4
INCLUSIVENESS, NON-DISCRIMINATION, ANTI-HARASSMENT	5
STAFF DIRECTORY	5
ACADEMIC EXPECTATIONS	5
REQUIREMENTS TO JOIN ATHLETICS	5
CLASS ATTENDANCE AND EXCUSED ABSENCES FOR GAMES AND INTERNATIONAL COMPETITIONS	
GENERAL RULES AND REGULATIONS	6
CODE OF CONDUCT AND DISCIPLINARY ACTIONS	6
INFORMED CONSENT	7
JOHN CABOT UNIVERSITY ID CARDS VALID FOR INTERCOLLEGIATE SPORTS, RECREATIONAL ACTIVITIES AND FITNESS CENTER	7
RISK MANAGEMENT	
E-MAIL USAGE POLICIES	
JCU STUDENTS PARTICIPATING IN ASD SPORTS PROGRAMS	9
MEMBERSHIP AND ELIGIBILITY	9
MEMBERSHIP BENEFITS	. 10
PHYSICAL EXAM	. 10
EVENTS AND AWARDS	. 11
VARSITY SPORTS AND INTERCOLLEGIATE ATHLETICS	. 11
RECREATIONAL SPORT PROGRAMMING	. 12
INTRAMURALS	. 12
RECREATIONAL REATREATS FOR VARSITY TEAMS	. 12
OUTDOOR RECREATION	. 12
CHAPERONE JOHN CABOT UNIVERSITY SPORT TRIPS	. 12
FITNESS CENTER AND SERVICES	. 13
FACILITY UTILIZATION	. 14
USE OF FACILITIES	. 14
PROMOTION	. 14
FACILITIES SUPERVISION	. 14
FITNESS CENTER RULES	. 15
ASD STONE TOWER SPORTS FORMS	15

ASD STONE TOWER P	PRIVACY POLICY1	15

INTRODUCTION

PURPOSE OF THE ASD STONE TOWER ATHLETICS HANDBOOK

ASD Stone Tower (Associazione Sportiva Dilettantistica Stone Tower) provides basic information and guidelines for students who want to be involved in sports activities at John Cabot University.

PURPOSE OF THE ATHLETICS PROGRAM

The purpose of our athletics program is to:

- Enhance the overall student experience through sports.
- Promote physical health and well-being.
- Foster leadership and teamwork skills.
- Represent the university in a positive light through competitive and recreational activities.

MISSION

Our mission is to offer exceptional sports programming and facilities to the John Cabot University community, including students, faculty, staff, and alumni. We are dedicated to promoting health and wellness, providing sports and recreational activities, and fostering a strong sense of community on campus.

Our athletics program encompasses a wide range of offerings, including recreational activities, sports teams, and outdoor education. These components aim to instill values of integrity, fair play, and equal opportunity among all members of the John Cabot University community, including faculty, staff, and students. The ASD Stone Tower personnel, including staff and coaches, are seen as educators who play a vital role in enhancing the educational experience of our student athletes.

They are responsible for teaching and mentoring individuals on the following principles:

- Physical fitness and skill development: Our staff and coaches prioritize the improvement of students' physical fitness levels and the development of their sports-related skills.
- Teamwork and collaboration: We emphasize the importance of teamwork and collaboration, teaching students how to work together effectively towards common goals.
- Sportsmanship and fair play: We promote sportsmanship, fair play, and ethical behavior both on and off the field, instilling values of respect and integrity in our student athletes.
- Time management and discipline: Our program encourages students to develop effective time management skills and discipline, balancing their academic responsibilities with their athletic commitments.
- Leadership and personal growth: We strive to foster leadership qualities and personal growth in our student athletes, providing them with opportunities to develop their leadership skills and become well-rounded individuals.

VALUES

Athletics at our University is guided by the following core values:

Integrity: Upholding the highest standards of honesty and ethical behavior.

- **Excellence**: Striving for the best performance both on and off the field.
- Respect: Valuing all individuals and fostering a culture of inclusivity.
- Teamwork: Encouraging collaboration and a strong sense of community.
- Commitment: Demonstrating dedication to personal and team goals.

INCLUSIVENESS, NON-DISCRIMINATION, ANTI-HARASSMENT

The ASD Stone Tower and John Cabot University aims to foster a culture of inclusion and to build an environment free of discrimination, by means of tools and resources such as a clear policy against harassment of any kind, detailed in the <u>John Cabot University Student Handbook</u> under the "Discrimination and Harassment Policy" section. The ASD Stone Tower welcomes all student —athletes, regardless of race, color, ethnic or national origin, religion, sex, age, sexual orientation, gender identity, marital or parental status, or disability, in all its policies, programs, and services.

ADMINISTRATION OF THE ASD STONE TOWER

STAFF DIRECTORY

Marco Iorio – Athletics Program Coordinator

Ext. 383 - miorio@johncabot.edu

■ Elena Gregori – Office Coordinator

Ext. 383 - elena.gregori@johncabot.edu

Massimiliano Menculini – Varsity Teams Coordinator

Ext. 383 - mmenculini@johncabot.edu

Flavia Antonelli – Athletics Media and Communication Coordinator

Ext. 383 - fantonelli@johncabot.edu

Sarah Jane Sabelli – Office Assistant

Ext. 383 - sarahj.sabelli@johncabot.edu

JCU Student Assistant

Ext. 229

The office is located at the Gianicolo Residence in Vicolo della Penitenza 26 - 00165 Rome, Italy

Tel.: (+39) 06 68191383 & E-mail: athletics@johncabot.edu

ACADEMIC EXPECTATIONS

REQUIREMENTS TO JOIN ATHLETICS

To be part of the athletics program, students must:

- Maintain a minimum GPA of 2.0 as specified by the JCU Dean of Academics.
- Attend scheduled practices and games regularly.
- Adhere to the code of conduct and sportsmanship guidelines.
- Participate in mandatory health and safety training sessions, when scheduled.

Adhere to the JCU Student Code of Conduct.

CLASS ATTENDANCE AND EXCUSED ABSENCES FOR GAMES AND INTERNATIONAL COMPETITIONS

To participate on any varsity team, each student athlete must have satisfied all the John Cabot University eligibility requirements prior to participation. Students are responsible for all course work conducted in class meetings, whether they are in attendance or not. Absence from class does not excuse the student from responsibility for class work (please refer to the <u>John Cabot University Student Handbook</u>). Each student is responsible for checking their professors' individual policies and regulations.

CONFLICTS IN EXTRACURRICULAR ACTIVITIES

The ASD Stone Tower is committed to providing students with opportunities for a diverse range of experiences in extracurricular activities. In support of this goal, efforts will be made to schedule events in a manner that minimizes conflicts.

GENERAL RULES AND REGULATIONS

CODE OF CONDUCT AND DISCIPLINARY ACTIONS

The following rules and regulations governing the use of all sport and recreational facilities have been created to provide equal opportunity and protect the rights of each participant. As a member of the University community, members have a responsibility to understand and abide by these guidelines. To ensure everyone's safety, the ASD Stone Tower staff/coaches will enforce the usage guidelines and other posted regulations. All persons using the facilities are subject to the rules and regulations of all John Cabot University Policies and Rules:

- Conduct: John Cabot University's codes of conduct are enforced at all sports facilities and at the Fitness and Recreation Center. Use of John Cabot University indoor and outdoor facilities is a privilege, and participants are expected to be good citizens and respect the rights of others. All individuals using the facilities agree to abide by the student-athlete Code of Conduct and Ethics. Failure to comply with University and/or Departmental policies and regulations may result in suspension or termination of membership. Students may be subject to further University disciplinary action as outlined below and in the John Cabot University Student Handbook.
- Alcohol and Drugs: Alcoholic beverages and illegal drugs are not allowed. Individuals may not
 use the facility while under the influence of drugs or alcohol. Please refer to the JCU Student
 Code of Conduct Policies.
- Cell Phones: The use of cell phones is closely monitored throughout the facility. Any phone calls, video calls, text messaging, and photography features are strictly prohibited in the locker rooms. Cell phones are permitted on the fitness floor to listen to audio or use fitness-related applications to enhance workout quality. Inappropriate use of cell phones may result in corrective action up to and including permanent dismissal from the facility.

Fitness Center:

 Electronic Tablets and Laptops in the Fitness Center: Members may use electronic devices on the fitness floor for personal viewing and/or audio use. The JCU Fitness Center is not

- responsible for lost or stolen property. Inappropriate use of electronic devices may result in corrective action up to and including permanent dismissal from the facility.
- Injuries and Equipment Failures: Injuries, accidents, or equipment failures should be reported immediately to Fitness and Recreation Center staff (see Risk Management section below).
- Moving Equipment: Only Fitness and Recreation Center staff may move equipment in the facility.
- **Spitting:** Spitting is prohibited in the Fitness and Recreation Center.
- Facility Closures: There may be occasions when facilities need to be closed or reservations need to be cancelled due to special events, maintenance projects, or inclement weather. In such cases, we will take the necessary steps to inform the John Cabot University community about any schedule changes. Notifications regarding facility closures or reservation cancellations will be posted on the bulletin board at the Fitness and Recreation Center. Additionally, an e-mail will be sent to all students, and the information will be shared on our official Facebook and Instagram pages. These communication channels will ensure that everyone stays informed about any temporary closures or changes that may affect facility access.
- Posted Rules: Specific policies and room regulations are posted on site and must be observed.
 Verbal instructions issued by any staff should be strictly followed.
- Personal Belongings: Personal belongings must be secured in day lockers or rental lockers where available. Any unsecured belongings recovered by staff will be considered abandoned property and turned in to Lost and Found located at the Athletics' information desk. The Fitness and Recreation Center is not responsible for lost, stolen, or damaged personal property. It is ultimately the responsibility of individual patrons to maintain and secure personal belongings while in the facility.
- Photography: Photography and/or videotaping are not allowed unless written authorization is obtained from the Fitness and Recreation Center management. Camera phones and video phones are not to be used for this function inside the facility. Failure to comply with the athletics department's policies may result in:
 - Warnings or probation.
 - Suspension from practices or games.
 - Revocation of athletic scholarships or credits.
 - Expulsion from the athletics program.

INFORMED CONSENT

All participants in intercollegiate sport and recreational sport programs, as members of the ASD Stone Tower, must read and sign an informed consent form before adhering to any initiative. This can be found on the ASD Stone Tower registration form.

JOHN CABOT UNIVERSITY ID CARDS VALID FOR INTERCOLLEGIATE SPORTS, RECREATIONAL

ACTIVITIES, AND FITNESS CENTER.

The JCU ID card identifies students as members of the John Cabot University community and entitles them to access the JCU Fitness Center and outside sports facilities or events. For security purposes, students must carry their JCU ID card as their primary means of identification to John Cabot University premises. Students cannot enter any JCU facility without their JCU ID. Please refer to the John Cabot University Student Handbook for the JCU ID Policies and JCU Housing Policies – JCU ID.

RISK MANAGEMENT

All athletes and guardians must acknowledge the potential risk of severe injury that may arise from participating in intercollegiate sports and recreational activities. Participation in intercollegiate athletics is voluntary and a privilege. Our coaches are dedicated to assisting each athlete in reaching their highest potential. Every student athlete and involved faculty or staff member must recognize the responsibilities associated with being part of a team or participating in intercollegiate and recreational sports activities.

It is crucial for all team members to adhere to these policies and uphold the established standards. By understanding the potential risks, accepting individual responsibilities, and adhering to the policies and standards, we can promote a safe and enjoyable environment for everyone involved.

All injuries that occur while participating in a sport or recreational activity will follow the official protocols and be reported to the appropriate offices and official channels.

Once a member (students, faculty, staff) of any intercollegiate or intramural sport or recreational activity has been treated by a physician, they must obtain the doctor's permission before being permitted to return to the activity. This permission must be presented in writing to the ASD Stone Tower to regain access to JCU facilities and ASD Stone Tower sport activities. Failure to do so will jeopardize the membership and participation of the person in future sport activities.

E-MAIL USAGE POLICIES

The ASD Stone Tower has established e-mail as a primary vehicle for official communications with ASD Stone Tower members (students, faculty, staff) and coaches:

- All Degree Seeking Students have an official John Cabot University e-mail address established and assigned by the IT Department. All University communications sent via e-mail will be sent to this address.
- All Study Abroad Students have an e-mail address submitted to the University during their admissions process. All University communications sent via e-mail will be sent to this address. Students are expected to check their JCU official e-mail address frequently and consistently to stay current with the ASD Stone Tower and Student Engagement Office. A student's failure to receive and read the Stone Tower and Student Engagement Office communications delivered to their e-mail address in a timely manner does not absolve them of knowing and complying with the content and instructions of such communications.
- Students are held responsible for checking the e-mails and reading all ASD Stone Tower communications sent to them. If the student does not receive any communications to their email account, they are held responsible for communicating their correct contact information to the Registrar's Office.

JCU STUDENTS PARTICIPATING IN ASD SPORTS PROGRAMS

MEMBERSHIP AND ELIGIBILITY

The ASD Stone Tower does not discriminate on the basis of race, color, national origin, sex, age, sexual orientation, marital or parental status, or disability in any of its policies, programs, or services. All memberships are subject to proof of affiliation, confirmation of employment, or proof of enrollment. Membership will remain pending until the staff/faculty/student send the signed **Membership ASD Stone**Tower Form and the Physical Certificate.

MEMBERSHIP DURATION AND REGISTRATION

Membership is valid for a full calendar year, from January to December. To register, individuals must use the designated registration form for ASD Stone Tower and agree to the privacy policies and bylaws of ASD Stone Tower.

Full Time Students - Degree Seeking Students

- Students must be over 18 years of age to access the JCU Fitness Center facilities and participate in the ASD Stone Tower sponsored activities, classes, and events. Interested minors must contact the ASD Stone Tower and JCU Senior Director of Community Standards and Minors Program.
- Students attending John Cabot University are eligible for membership to any sports program or recreational activities sponsored by the ASD Stone Tower.
- Individuals must be recognized by the Registrar's Office as full-time and enrolled students as determined by John Cabot University. For eligibility questions, contact the Registrar's Office at registrar@johncabot.edu
- Membership is granted for the current enrolled semester only.
- During the summer, continuing full-time students are granted membership if they were full-time students in the Spring Semester and pre-registered as full-time students for the Fall Semester in that year.
- All graduating students will continue to have access until the end of their last semester as a registered full-time student.
- Upon the changing of status from full-time student, membership will be terminated with the opportunity to re-apply.

Part-Time Students and Study Abroad Students

- Students must be over 18 years of age to access the JCU Fitness Center facilities and participate in the ASD Stone Tower sponsored activities, classes, and events. Interested mMinors must contact the ASD Stone Tower and JCU Senior Director of Community Standards and Minors Program. Memberships to any sports program or recreational activities sponsored by the ASD Stone Tower can be activated by submitting the relative forms and documents to the ASD Stone Tower.
- Individuals must be recognized by the Registrar's Office as a part-time student as determined by
 John Cabot University. For eligibility questions, contact the Registrar's Office at

registrar@johncabot.edu.

- Membership is granted for the current enrolled semester only.
- Upon the changing of status from part-time student, membership will be terminated with the opportunity to re-apply.

Faculty/Staff

- Faculty and staff who are teaching/working at John Cabot University are eligible for membership to any recreational activities sponsored by the ASD Stone Tower.
- Staff and Faculty must pay a fee of €8.00 to the JCU Business Office to cover the cost of membership with ASD Stone Tower.
- Faculty/Staff must be recognized by John Cabot University as current faculty/staff (full-time or part-time). For eligibility questions, contact the Chief of Staff at president@johncabot.edu
- Upon the changing of status from faculty/staff, membership will be terminated with the opportunity to re-apply.

Alumni

- JCU alumni can participate in sports programming, which includes access to the Fitness Center and, if selected by the coaches, participation in varsity sports teams. Alumni must pay the activity fee each semester and the annual €8.00 membership fee for the ASD Stone Tower.
- Individuals must have received a Bachelor's, Associate's, or Graduate Degree from John Cabot University and be recognized by the Alumni Association as determined by John Cabot University.
- John Cabot University Certificate Program Graduates are not eligible for alumni memberships.
- For eligibility questions, contact the JCU Alumni Association at alumni@johncabot.edu

MEMBERSHIP BENEFITS

Membership in Intercollegiate Sports and Recreational Sport Programs admits members into the sports facilities and allows them to use all available equipment and facilities during posted recreation times, including:

- Participation in open recreation activities.
- Participation in Intercollegiate (Varsity) and Intramural Sport Activities.
- Participation in Fitness activities, including the use of cardio and fitness equipment of the JCU Fitness Center.
- Use of the locker rooms.
- Outstanding student athletes recognition awards.

PHYSICAL EXAM

As required by Italian Law, any student/faculty/staff who intends to participate in any activities or use any sports facilities must submit a Physical Exam certificate issued by an Italian Sports Doctor within 12 months of participation. (Please note that certificates are valid only for one year from the issue date). This is a mandatory requirement prior to participation in any activity and can be fulfilled in the following ways:

- "Visita medica agonistica", performed by a local Italian physician specialized in "Medicina dello Sport," for participation in any sports (required only for the JCU members of certain Varsity Teams).
- "Visita medica non-agonistica" performed by a local Italian physician specialized in "Medicina dello Sport" for recreational and fitness activities (required for all members).

The physical forms submitted will be kept on file for 2 years from the date of release, in the Athletics office in the JCU Fitness Center.

EVENTS AND AWARDS

The ASD Stone Tower organizes and participates in various events, including:

- Regular season intercollegiate games and tournaments.
- International sports tournaments.
- Internal pick-up games and intramural competitions.
- Community outreach and engagement activities (JCU Strava Challenge).
- Community Runs.
- Fitness Classes and Fitness Center.

All graduating outstanding student athletes are eligible for the following Athletic Awards, presented at John Cabot University during the JCU Student Life Celebration in April:

- Player of the Year for each category of sport.
- Most Improved Player of the Year awards for each category of sport.
- Gladiators Spirit Award: Leadership and sportsmanship award.
- Strava Challenge Awards.
- Academic Excellence awards for maintaining high GPAs.

VARSITY SPORTS AND INTERCOLLEGIATE ATHLETICS

The Intercollegiate Athletics Program is an integral part of the higher education experience. We view the pursuit of excellence on the playing field as something integral to higher academic achievement.

The values of cooperation, dedication, effort, and fair play are emphasized within the Intercollegiate Athletics Program and are encouraged among student athletes in all areas of the educational experience.

College teams play at local and international levels. Travel abroad for participation in tournaments affords student athletes the opportunity to experience strong competition, cultural enrichment, and diverse social interaction. Currently the following varsity teams are supported:

- Men's and Women's Basketball
- Co-ed Volleyball
- Co-ed Cheerleading
- Men's and Women's Soccer
- Men's Tennis

Co-ed Padel

RECREATIONAL SPORT PROGRAMMING

John Cabot University students, faculty, and staff are welcome to participate in the recreational sport program organized by the ASD Stone Tower, which is designed to connect and inspire people of the University community to lead active and healthy lifestyles. In fact, regular exercise helps them keep fit and improves their state of mind and overall quality of life too.

INTRAMURALS

The intramural sports program is designed to provide students, faculty, and staff the opportunity to participate in non-competitive intramural tournaments where playing time and fun is equal for all participants. Emphasis is placed upon participation and the enjoyment derived from involvement in sport carried out in a spirit of fair play. There are a variety of sports to choose from, with tournaments varying each semester, ranging from one-day events to full semester activities. These tournaments may include the following intramural sports:

- Beach Volleyball
- 3v3 Basketball
- Padel for Staff
- 5vs5 Soccer
- Table Tennis
- Pickleball

RECREATIONAL REATREATS FOR VARSITY TEAMS

The ASD Stone Tower organizes sports retreats during the academic year. ASD Stone Tower staff and coaches are responsible for the student athletes' well-being throughout the retreat and for complying with the ASD Stone Tower athletics policies, regulation and schedule. Athletics policy requires that coaches and all team members stay with their varsity team during the retreat, unless prior approval is granted by the ASD Stone Tower Coordinator, JCU Dean of Students Office or the Associate Dean of Student Engagement.

OUTDOOR RECREATION

ASD Stone Tower provides JCU students, faculty, and staff with the opportunity to engage in outdoor recreation, as a healthy and environmentally sound leisure activity that generates a sense of well-being. The Recreational Sports Program provides various outdoor adventure-based experiential activities such as trekking, rowing, riding bicycles, etc.

CHAPERONE JOHN CABOT UNIVERSITY SPORT TRIPS

ASD Stone Tower provides its support to John Cabot University when it comes to chaperoning JCU outdoor education trips. JCU outdoor education trips are official events, including both day trips and multi-day trips, details of which are published on the John Cabot University website page.

 General Policy: Refer to the JCU <u>Trips and Activities Terms & Conditions</u> for official policy on signups, withdrawals, participation, and other considerations. Minors are not permitted to participate in overnight or multi-night trips without the authorization of the Minors Program Manager.

- Mandatory meeting: Participants must attend the pre-departure mandatory trip meeting and complete the pre-departure mandatory form. Information on how to complete these two complementary mandatory steps will be sent via e-mail. The meeting point, departure time, trip itinerary, JCU student policies, and travel tips will be provided at the meeting. Should participants not be able to attend the pre-scheduled meeting, they are responsible for notifying the ASD Stone Tower as soon as possible by e-mailing athletics@johncabot.edu and rescheduling an individual meeting. Completion of both steps is a mandatory requirement.
- Boot Rental Policy: John Cabot University Recreational Trips and Activities that include hiking require participants to bring with them a functional pair of hiking boots. Students who signed up for such trips and activities may rent a pair of hiking boots from ASD Stone Tower at no additional fee. Upon picking up their hiking boots, participating students are required to sign a Boot Rental Agreement, indicating the following two deadlines:
 - The end of the first Tuesday after the return of the trip. If the participating student fails to return the rented hiking boots, cleaned and in good condition by this deadline, a fine of €20.00 will be applied to their account.
 - The end of the second Tuesday after the return of the trip. If the participating student fails to return the rented hiking boots, cleaned and in good condition by this deadline, an additional fine of €50.00 will be applied to their account. At this point, the student may keep the pair of hiking boots that they have rented.
 - In addition to the above-mentioned fees, a hold will be placed on the participating student's academic account. This hold will be lifted once all associated fees have been paid at the JCU business office.
- Swimming Ability: In the mandatory form associated with these trips, the participating student must truthfully indicate their ability to swim without assistance. Failure to do so may result in only partial participation in the trips or activities.
- Athletics Physical Examinations: Students participating in JCU Recreational Trips and Activities are required to have an athletics physical examination completed by an Italian sports doctor within twelve months before the last day of the trip. This certificate may be of the category 'non-agonistico' (basic) or 'agonistico' (competitive).

FITNESS CENTER AND SERVICES

ASD Stone Tower offers JCU students, staff, and faculty free access to the JCU Fitness Center and fitness classes held by the ASD Stone Tower. Members can get a personalized workout if interested in developing a specific health and fitness plan to improve their fitness or if they need to create a post-rehabilitation strategy for an injury. Fitness services are free of charge and are open to the entire JCU community. The available fitness classes may vary each semester and may include the following:

- Yoga
- Flex Flow

- Kickboxing
- Abs & Legs
- Running

The Fitness Center is located in the JCU Gianicolo Residence (Vicolo della Penitenza, 26).

FACILITY UTILIZATION

USE OF FACILITIES

Entry and exit from the Fitness Center must always be through the main entrance/exit of the Gianicolo Residence (Vicolo della Penitenza 26). Individuals entering or exiting through other doors are subject to disciplinary action (see JCU ID Card Violations above). No ASD Stone Tower Athletics members (students, faculty, staff, alumni) should use the equipment or facilities of the JCU Fitness Center and/or fields outside rented by the John Cabot University during the scheduled practice times without the approval of the ASD Stone Tower staff and coaches. The use of these facilities out of scheduled practice is expressly forbidden.

The use of facilities is regulated according with the following guidelines and rules:

- The ASD Stone Tower and the Student Engagement Department shall not grant use of facilities when it is determined such use may not be in the best interest of John Cabot University.
- The individuals (students, faculty, staff, alumni) granted use of the facility shall be held responsible for reimbursing John Cabot University for any loss or damage to university property caused by misuse.
- No use of facilities shall be granted in such a manner as to constitute a monopoly for the benefit of any person or group; nor may University facilities be used for private or commercial gain.
- Permission for use of facilities will be granted if all rules governing use of facilities are followed.
 Permission may be revoked at any time for failure.

These rules are subject to change by the ASD Stone Tower and Student Engagement Department according to John Cabot University.

PROMOTION

Any advertising or promotion done for any sports event/activity to be held at any University facility must comply with all the rules, laws, and ordinances of John Cabot University. Bulletin boards are located in both Frohring and Guarini Campuses and at the JCU Fitness Center. All postings must be approved by the ASD Stone Tower. Flyers not approved will be removed.

FACILITIES SUPERVISION

An ASD Stone Tower Staff or coaches shall always be present when the facility is in use, except when notified in advance by a formal communication; to ensure everyone's safety, the supervisor/staff will enforce the usage guidelines and other posted regulations. Failure to comply with the ASD Stone Tower and JCU Departmental policies or rules and regulations may result in suspension or termination of membership.

The ASD Stone Tower is not responsible for any incidents that occur from the use of sports facilities

outside of official operating hours.

FITNESS CENTER RULES

The ASD Stone Tower and Student Engagement Department have the right to approve and regulate food and drink consumption. No food or drinks will be allowed in the facility unless authorized by the ASD Stone Tower and Student Engagement Department. However, water is permitted.

To use the facilities, JCU members (students, faculty, staff, Alumni) must read and accept the ASD Stone Tower Athletics Handbook. ASD Members must wear proper exercise attire and footwear and bring a personal towel. Every ASD Members must clean up the weights and the sport machines after their use.

During Fitness Classes, ASD members cannot use the classroom without authorization from the Athletics Staff/Instructors.

Please note that we are not responsible for any items left unattended in the Fitness Center, including the locker rooms. Locker service is available, and lockers may only be used while members are present in the gym.

ASD STONE TOWER SPORTS FORMS

- ATHLETICS MEMBERSHIP FORM
- ATHLETICS PHOTO/VIDEO DISCLAIMER
- WAIVER LIABILITY AND ASSUMPTION OF RISK
- UNIFORM POLICY AGREEMENT FORM
- STUDENT SPORTS INCIDENT FORM
- MEDICAL ESCORT WAIVER FORM
- BOOT RENTAL FORM

ASD STONE TOWER PRIVACY POLICY

We wish to inform you, as Data Controllers, that the General Data Protection Regulation (G.D.P.R.) Regulation (EU) 2016/679, immediately applicable in Italy, safeguards individuals and other subjects concerning the processing of personal data. Joining the sports association and engaging in amateur sports activities necessitate the identification and processing of your personal data. Therefore, we request your approval by consenting at the end of this notice. In accordance with Article 13 of the G.D.P.R., we provide you with the following information:

- 1. Personal data [personal information, contact details, permit to stay code (fiscal code), sports physical issue by an Italian doctor, emergency contact specification: name and phone number, etc.], provided by you, will be processed for participating in the sports association and amateur sports activities organized and managed by the association in compliance with its institutional purposes.
- 2. The data controller is ASD STONE TOWER with headquarters at via di Valle Lupara 10, Rome,

contactable via e-mail at stonetower.asd@gmail.com in the person of the pro tempore President.

- 3. Purpose and legal basis for processing: Your personal data will only be processed to the extent necessary for the purposes of the sports association, respecting the current data protection legislation and the principles of transparency, lawfulness, and fairness. The processing of your personal data is for the pursuit of the institutional purposes of the entity related to the management and organization of amateur sports activities, including educational and training activities, in accordance with art.90 1.289/02, d.lgs. 36/21, and d.lgs. 39/21. It includes any use related to the associative and membership relationship and your participation in activities managed and organized by the association, affiliated National Sports Federations and/or Sports Promotion Bodies, CONI, Sport e Salute S.P.A., or other public and private entities promoting initiatives and projects in amateur sports, solely based on your specific consent. Your data must be communicated for membership to the Sports Federations and/or Sports Promotion Bodies to which we are affiliated, to CONI and the Department of Sport through Sport e Salute s.p.a., for the inclusion of amateur sports activities in the CONI register and the Register of Amateur Sports Activities. It may be communicated to any other third party, public or private, solely in relation to any other use related to the associative and membership relationship and/or connected to the practice of sports activities carried out through the association, based on your specific consent, and will not be disclosed to others.
- 4. The processing will be carried out manually on forms, also created electronically, kept in secure locations with access granted to the President and administrative personnel. Data will also be processed electronically on a PC at the Association's headquarters, adequately protected against cybersecurity risks (firewall, antivirus, periodic data backup). Only the President and authorized administrative personnel have access to this data. According to Article 4 No. 2 of the G.D.P.R., the processing of personal data may consist of collection, recording, organization, consultation, processing, modification, selection, extraction, comparison, use, interconnection, blocking, communication, deletion, and destruction of data. The data will be processed exclusively in Italy and within the European Union.
- 5. Personal data will be kept for as long as necessary for the proper maintenance of the association's records or to complete the formalities required by the Sports Federations and/or Sports Promotion Bodies to which we are affiliated. This term is determined by the civil code, tax regulations, CONI regulations, and the regulations of the affiliated Sports Federations and/or Sports Promotion Bodies. Periodic checks on the obsolescence of the processed data in relation to the purposes for which they were collected and processed are carried out.
- 6. The provision of data is obligatory to achieve the purposes of the Association/Company's statute and is essential for accepting your membership application and/or membership with the entities indicated above. The refusal to provide them implies the impossibility of accepting your application for registration and/or membership, as it is not possible to establish the indicated associative and/or membership relationship with the entities to which the Association/Company is affiliated.
- 7. The processing will not concern sensitive data, i.e., data suitable for revealing racial and ethnic origin, religious, philosophical, or other beliefs, political opinions, adherence to parties, unions, associations, or organizations of a religious, philosophical, political, or union nature, as well as data suitable for revealing health and sexual life, genetic, biometric, data relating to sexual orientation, and judicial data. The

holding and conservation of the mandatory certificate of fitness, as per current laws for engaging in amateur sports, is not health data but personal data (Privacy Guarantor note no. 41878 of 31.12.1998).

8. At any time, you can exercise your rights to know the data concerning you, how they were acquired, verify if they are accurate, complete, updated, and well-protected, receive the data in a structured, commonly used, and machine-readable format, revoke the consent given for the processing of your data at any time and oppose, in whole or in part, their use as stated in Articles 15 to 22 of the G.D.P.R. These rights can be exercised through a specific request addressed via registered mail or PEC to the Data Controller indicated in point 2. 9. You have the right to revoke your consent at any time without affecting the lawfulness of the processing based on the consent given before the revocation. This right can be exercised by sending the revocation of consent to the e-mail address indicated in the previous point 2. Without prejudice to the right to lodge a complaint with the Guarantor for the protection of personal data (www.garanteprivacy.it). 10. There is no automated decision-making process or profiling activity as per Article 22, paragraphs 1 and 4 of the G.D.P.R.